

HELP SUPPORT YOUR **FOODBANK** WITH **FOOD AND FUNDS THIS HARVEST**

DONATE FOOD

Help by donating an item or two from our shopping list to ensure we can provide food to help people in crisis.



DONATE MONEY

Help to cover the costs of storing and distributing food, as well as developing sustainable projects.



SHOPPING LIST TOP TEN ITEMS

Tinned Meat
Pasta Sauce
Tinned Tomatoes
UHT Milk
Cereal
Instant Coffee
Tinned vegetables
Noodles
Crisps
Chocolate & Sweets

*Don't forget...
You can help transform
more lives with a financial
donation too.*