



CHRISTMAS APPEAL

HELP SUPPORT YOUR FOODBANK WITH FOOD AND FUNDS THIS CHRISTMAS

In the 3 weeks leading up to Christmas the foodbank will provide Christmas food parcels for local individuals and families in crisis.

Thank you for your support

DONATE FOOD

Help by donating an item or two from our shopping list to ensure we can provide food to help people in crisis.



DONATE MONEY

Help to cover the costs of storing and distributing food, as well as developing sustainable projects.



SHOPPING LIST TOP TEN ITEMS

Tinned Meat
Tinned Tomatoes
Instant Coffee
Pasta Sauce
Soup
Milk (UHT or Powder)
Jam, Peanut Butter
Noodles / Mugshots
Juice / Squash
Chocolate Treats

Don't forget...

You can help transform more lives with a financial donation too.



birminghamcentral.foodbank.org.uk

Registered Charity in England & Wales (251549)

