

**BCC**

BIRMINGHAM  
CITY CHURCH



**Emergency food for  
local people in crisis**



## Shopping List

Tinned Meat  
Tinned Tomatoes  
Instant Coffee  
Pasta Sauce  
Soup  
Milk (UHT or Powder)  
Jam / Peanut Butter  
Noodles / Mug Shots  
Savoury Treats  
Fruit Juice  
Squash  
Tinned Fish  
Chocolate Treats  
Sweets  
Tinned Vegetables  
Instant Mash  
Sponge Pudding  
Cereal  
Rice

## Other Items

Good quality shopping  
bags / bags for life  
Toiletries – male & female  
Nappies and Wipes

**Thank you!**  
*for helping to make a difference*

[www.birminghamcentral.foodbank.org.uk](http://www.birminghamcentral.foodbank.org.uk)

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